2018 Nyack One-Design Regatta Sailing Instructions

1. RULES

The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the Race Committee Notice Board located at the south end of the NBC porch.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 2 hours prior to the warning time of the first race, or announced on the water by the Race Committee (RC), while code flag "L" is displayed. Any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- **4.1.** Signals made ashore will be displayed from the flagpole at the RC slip.
- **4.2.** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the Race Signals AP.

5. SCHEDULE OF RACES

- **5.1.** Warning signal for the first race on Saturday will be no earlier than 1100 hours. Multiple races to follow. Warning signal for first race on Sunday will be no earlier than 1000 hours. Multiple races to follow.
- **5.2.** No warning signal will be made after 1500 on Sunday.
- **5.3.** Class placards on the cabin top of the Signal Boat will designate the order of the starts for the three fleets.

6. CLASS FLAGS

- **6.1** The Sonar class flag will be the Sonar Class emblem on a white background.
- **6.2** The Viper class flag will be the Viper Class emblem on a white background.
- **6.3** The Lightning class flag will be the Lightning Class emblem on a white background.

7. RACING AREA

The racing area will be the part of the Hudson River known as the Tappan Zee, south of Hook Mountain and north of the Tappan Zee Bridge.

8. COURSES

- **8.1.** The course diagrams and identifying course letters are illustrated on the last page of these SI's.
- **8.2.** No later than the warning signal, the Signal Boat will display the course and the approximate compass bearing to the first mark.
- **8.3.** No boat shall cross the Start/Finish line except while preparing to start, starting, or finishing.

9. MARKS

- **9.1.** Marks will be orange inflatable tetrahedrons.
- **9.2.** New marks, as provided for in paragraph 12, will be yellow inflatable cylinders.

10. The starting, finishing, and/or offset marks will be small orange inflatable tetrahedrons.

11. OBSTRUCTIONS

- **11.1.** The NBC mooring area and the restricted construction zone are designated as obstructions. No boat shall sail within these obstructions while racing.
- **11.2.** The mooring area is defined as the area within straight lines linking all outermost mooring buoys.
- **11.3.** The construction area is defined in the USCG Notice to Mariners. The boundaries are marked with large white buoys.

12. THE START

- **12.1.** The starting line will be between the hoist displaying an orange flag on the Signal Boat at the starboard end and the course side of the starting mark.
- **12.2.** A boat starting later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes RRS 63.1, A4, and A5.
- **12.3.** The RC will attempt to hail the sail number(s) for OCS boat(s) after the starting signal on VHF radio. Failure to make a hail or to time it promptly will not be grounds for redress. This changes RRS 62.1(a).

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change a leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

The finish line will be between the hoist displaying an orange flag on the Signal Boat and the course side of the finishing mark.

15. PENALTY SYSTEM

- **15.1** Appendix T and V shall be in effect for this regatta.
- **15.2** A boat may take a one turn penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around the mark other than a starting mark, her penalty shall be two turns.

16. TIME LIMITS

- **16.1.** The time limit for a race shall be two hours from its starting signal. If no boat completes the race within the two-hour limit, the race shall be abandoned.
- **16.2.** If no boat completes the first leg of a race within 45 minutes, the race shall be abandoned.
- **16.3.** Any boat that has not finished within the later of 30 minutes after the first finisher, or the time limit, shall be scored TLE without a hearing. This changes RRS 35, 63, A4, and A5.

17. PROTESTS AND REQUESTS FOR REDRESS

17.1. Protest forms are available in the rack next to the RC locker.

- **17.2.** Protests and requests for redress shall be delivered to the RC within 1 hour after the Signal Boat reaches her mooring or slip. This changes RRS 62.2.
- **17.3.** A boat intending to protest or request redress shall inform the RC upon finishing that race.

18. SCORING

- **18.1.** One race must be completed to constitute a regatta.
- 18.2. When fewer than six races have been completed, a boat's regatta score will be the total of her race scores.
- **18.3.** When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

19. SAFETY

- 19.1. All boats intending to race shall check in with the RC, before their first race of each day, by sailing past the Signal Boat on starboard tack, hailing their sail number and receiving verbal confirmation from the RC. Any boat that has not checked in will be scored DNC. This changes RRS 63.1, A4, and A5.
- 19.2. A boat that retires from a race shall notify the RC as soon as possible by sailing by the Signal Boat or a mark boat, 22. INSURANCE or hailing the RC on VHF.

19.3. A boat that retires and does not notify the RC will be scored DNE, Disqualification Not Excludable. This changes RRS 63.1., A4, and A5.

20. COMMUNICATIONS

- 20.1. The RC and Race Patrol will communicate on VHF Channel 78A.
- 20.2. A boat may use VHF channel 78A to communicate with the RC under the following circumstances: retiring from a race, in need of assistance, or medical emergency. DO NOT USE THE RADIO FOR CHECK-IN.
- **20.3.** Except for the circumstances listed in 19.2, a boat shall neither make or receive communications not simultaneously available to all boats.

21. DISCLAIMER OF LIABILITY

Competitors participate entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

By participating, each boat verifies she holds valid thirdparty liability insurance.

COURSES

